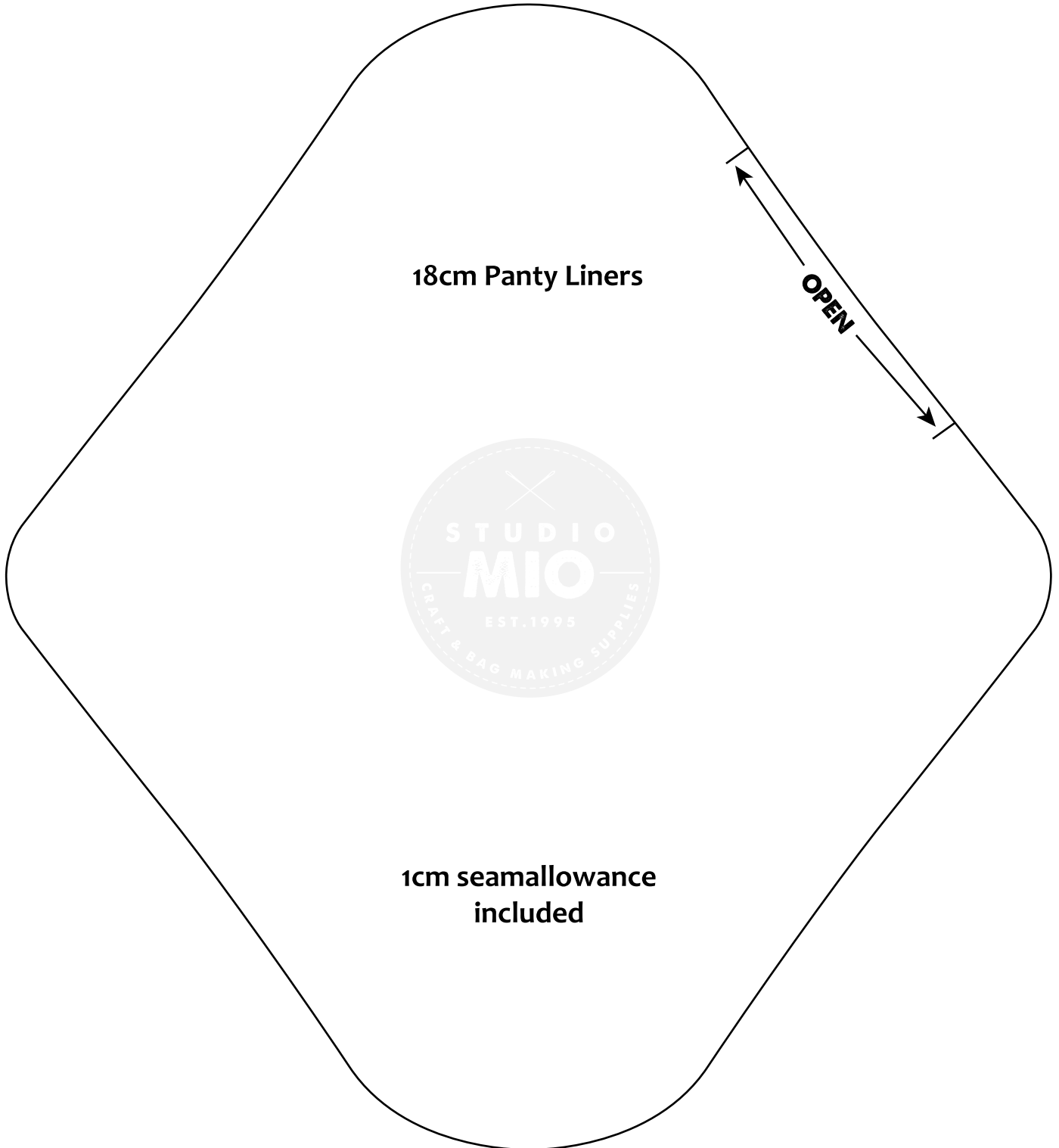




# REUSABLE PANTY LINERS 18CM

This pattern is used in a tutorial on the Studio Mio YouTube channel.  
Enjoy and happy sewing!

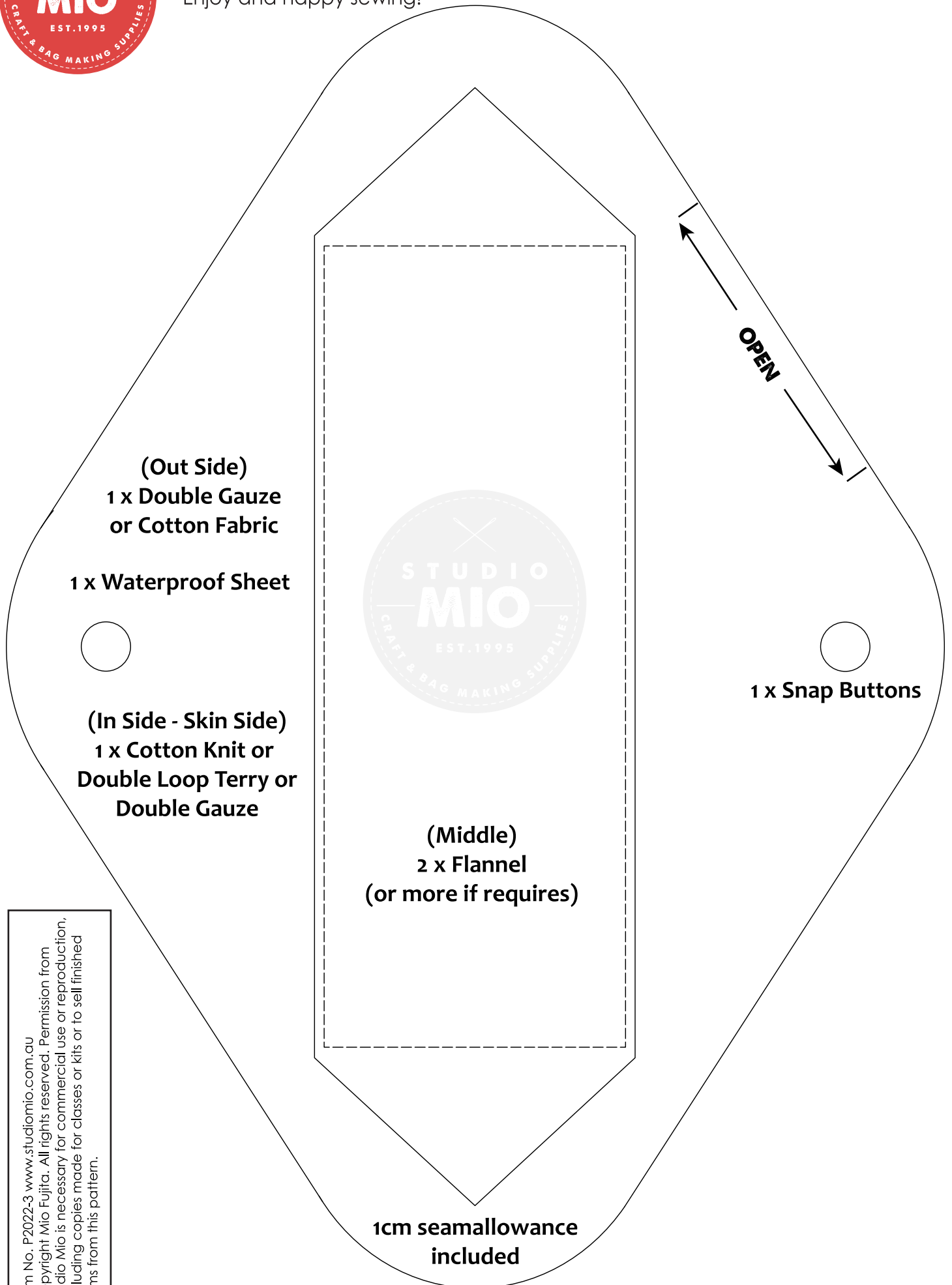


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# REUSABLE CLOTH PADS 24CM

This pattern is used in a tutorial on the Studio Mio YouTube channel.  
Enjoy and happy sewing!



**(Out Side)**

**1 x Double Gauze  
or Cotton Fabric**

**1 x Waterproof Sheet**



**(In Side - Skin Side)**

**1 x Cotton Knit or  
Double Loop Terry or  
Double Gauze**

**(Middle)**

**2 x Flannel  
(or more if requires)**

**1 x Snap Buttons**

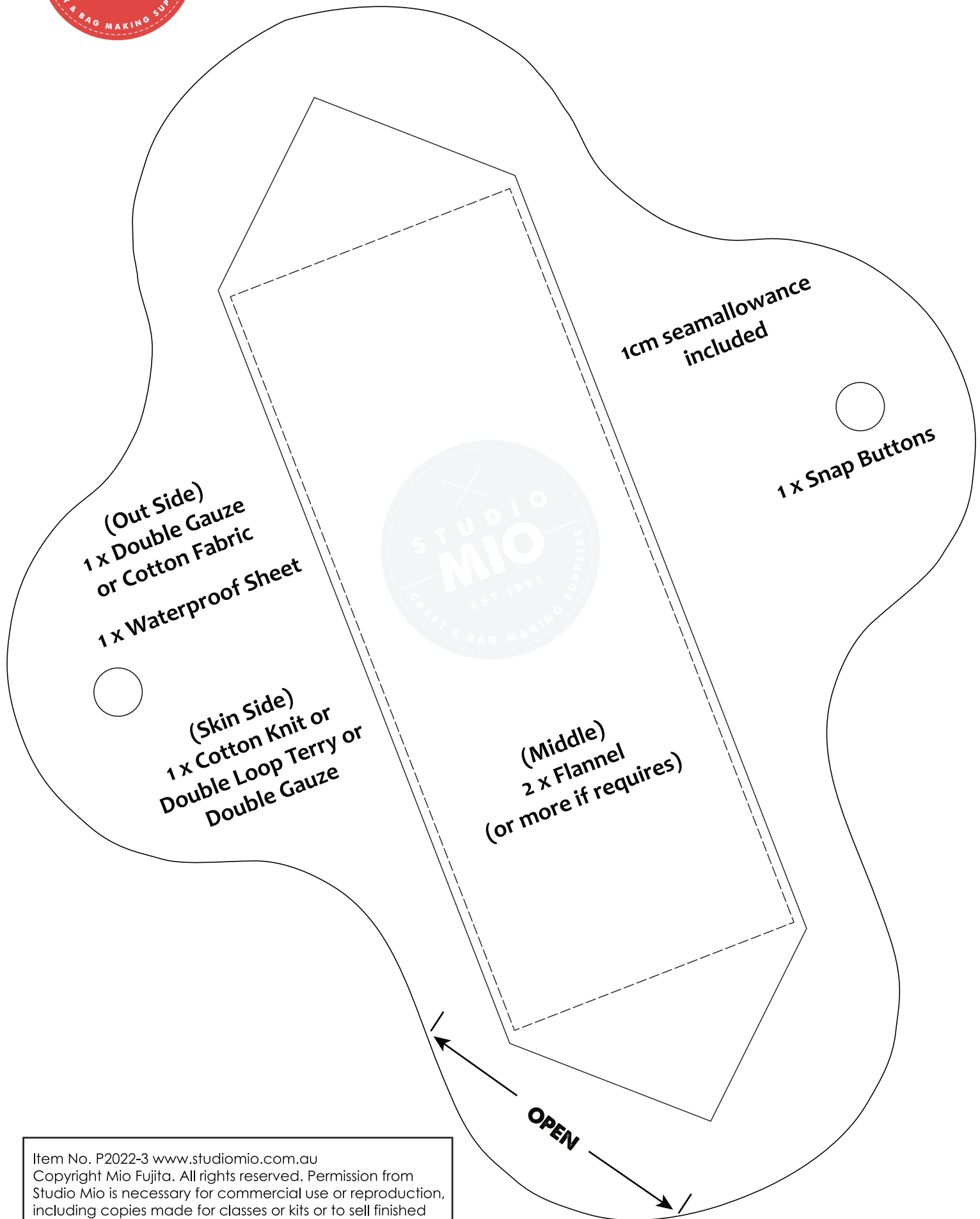
**1cm seamallowance  
included**

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# REUSABLE WING CLOTH PADS 24CM

This pattern is used in a tutorial on the Studio Mio YouTube channel.  
Enjoy and happy sewing!



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